



Welcome to the HSN Cardiovascular Symposium!

On behalf of the Health Sciences North Cardiology and Critical Care teams, we are pleased to welcome you to this year's HSN Cardiovascular Symposium. This event brings together physicians, nurses, allied health professionals, learners, and health care partners from across Northern Ontario to explore current and emerging topics in cardiovascular care.

Through expert presentations and clinical updates, this symposium aims to support evidence-based practice, interdisciplinary collaboration, and ongoing professional development in cardiology. We hope today's sessions provide valuable insights that can be integrated into everyday clinical practice while also fostering meaningful discussion and networking opportunities among colleagues. Each session will include a 15-minute presentation and an 8-minute Q&A period with our expert speakers.

Thank you for joining us, and we hope you enjoy the program.

Overall Program Learning Objectives:

By the end of this program, participants will be able to:

1. Review contemporary evidence, diagnostic approaches, and emerging therapies in cardiovascular medicine, including ECG interpretation, stroke prevention in atrial fibrillation, lipid management, heart failure therapies, and structural heart interventions.
2. Apply practical strategies for assessment and management of complex cardiovascular presentations, including arrhythmias, SCAD, Takotsubo syndrome, POTS, and cardiomyopathies.
3. Recognize evolving approaches to cardiovascular care in specialized populations, including women's heart health, genetic cardiology, palliative cardiology, and rural and remote care delivery.
4. Evaluate advances in preventive cardiology and chronic disease management, including obesity therapeutics, lipid-lowering agents, and guideline-directed medical therapy in heart failure.

Please Join Us: [LINK TO COME](#)

Program Details:

Date: Friday, November 6th, 2026

Time: 8:00am – 4:15pm

Format: WebEx

Time	Agenda Item
8:00AM – 8:15AM	Gather (unaccredited)
8:15AM – 8:25AM	Welcome and Opening Remarks <i>Dr. Mark Henderson, Health Sciences North</i> <i>Dr. David McNeil, President and CEO, Health Sciences North</i> <i>Dr. Mohammed Shurrab, Chief and Medical Director of Cardiology</i>
8:25AM – 9:25AM	KEYNOTE - The Present and Future of Stroke Prevention for Atrial Fibrillation <i>Introduction: Dr. Mohammed Shurrab</i> <i>Speaker: Dr. Jeffrey Healey</i> <u>Learning Objectives</u> – Following attending this conference, participants will be able to: 1. Apply evidence-based approaches to stroke risk assessment and prevention in atrial fibrillation. 2. Recognize contemporary challenges and future directions in atrial fibrillation stroke prevention.



9:25AM – 9:50AM	ECG Session #1 <i>Speaker: Dr. Abu Shama</i> <u>Learning Objectives</u> – Following attending this conference, participants will be able to: 1. Review a systematic approach to ECG interpretation in clinical practice. 2. Identify common and high-risk ECG abnormalities relevant to acute cardiac care.
9:50AM – 10:15AM	Incretin Therapies – Beyond Weight Loss <i>Speaker: Dr. Alescia Azzola</i> <u>Learning Objectives</u> – Following attending this conference, participants will be able to: 1. Understand the role of GLP-1 agonists beyond diabetes management and weight loss. 2. Review emerging cardiovascular and metabolic benefits associated with GLP-1 agonist therapy.
10:15AM – 10:40AM	POTS – Avoiding Overdiagnosis <i>Speaker: Dr. Tosin Osuntokun</i> <u>Learning Objectives</u> – Following attending this conference, participants will be able to: 1. Apply current guidelines and diagnostic criteria for accurate identification of POTS. 2. Differentiate POTS from other conditions with similar presenting symptoms to reduce overdiagnosis.
10:40AM – 10:55AM	HEALTH & SPONSOR BREAK (unaccredited)
10:55AM – 11:20AM	PCSK9 Inhibitors and Bempedoic Acid <i>Speaker: Dr. Mark Henderson</i> <u>Learning Objectives</u> – Following attending this conference, participants will be able to: 1. Describe the mechanisms of action and clinical indications of PCSK9 inhibitors and newer drugs in lipid management. 2. Know the role of PCSK9 inhibitors, and novel lipid lowering agents in patients with severe dyslipidemia.
11:20AM – 11:45AM	Hypertrophic Cardiomyopathy - Mavacamten <i>Speaker: Dr. Amal Nehmeh</i> <u>Learning Objectives</u> – Following attending this conference, participants will be able to: 1. Describe the mechanism of action and therapeutic role of mavacamten in the management of hypertrophic cardiomyopathy. 2. Evaluate patient selection criteria and monitoring strategies for mavacamten therapy in hypertrophic cardiomyopathy.
11:45AM – 12:10PM	Transcatheter Mitral Valve Therapy: Treating Patients in 2026 and Beyond <i>Speaker: Dr. Prasham Dave</i> <u>Learning Objectives</u> – Following attending this conference, participants will be able to: 1. Apply practical management principles for patients with mitral valve disease in primary care. 2. Recognize clinical triggers for expedited reassessment of patients with mitral valve disease.
12:10PM – 12:35PM	SCAD <i>Speaker: Dr. Anthony Main</i> <u>Learning Objectives</u> – Following attending this conference, participants will be able to: 1. Recognize clinical features and risk factors associated with spontaneous coronary artery dissection. 2. Apply contemporary diagnostic and management approaches for spontaneous coronary artery dissection.
12:35AM – 1:00 PM	HEALTH & SPONSOR BREAK (unaccredited)
1:00PM – 1:25PM	Cardiomyopathy and Arrhythmia Genetic Testing Guidance <i>Speaker: Robyn Hebert</i> <u>Learning Objectives</u> – Following attending this conference, participants will be able to:



	1. Review current recommendations and eligibility criteria for cardiomyopathy and arrhythmia genetic testing. 2. Recognize the role of genetic testing and cascade screening in supporting diagnosis, risk assessment, and family management of inherited cardiac conditions.
1:25PM – 1:50PM	Advanced Imaging in Cardiology <i>Speaker: Dr. Muhammad Alhussein</i> <u>Learning Objectives</u> – Following attending this conference, participants will be able to: 1. Interpret advanced cardiac imaging modalities to guide diagnostic decision-making in cardiovascular disease. 2. Evaluate the indications and limitations of advanced imaging techniques in the management of cardiovascular conditions.
1:50PM – 2:15PM	HRT and IHD <i>Speaker: Dr. Amber Dudar</i> <u>Learning Objectives</u> – Following attending this conference, participants will be able to: 1. Review current guidelines regarding hormone replacement therapy in ischemic heart disease. 2. Identify patients who may be appropriate candidates for hormone replacement therapy in the setting of ischemic heart disease.
2:15PM – 2:40PM	TAVI Program at HSN <i>Speaker: Dr. Derek MacDonald</i> <u>Learning Objectives</u> – Following attending this conference, participants will be able to: 1. Review indications, patient selection, and outcomes associated with transcatheter aortic valve implantation. 2. Recognize the role of regional TAVI programs in improving access to advanced cardiac care.
2:40 PM – 2:55PM	HEALTH & SPONSOR BREAK (unaccredited)
2:55PM – 3:20PM	Takotsubo Syndrome <i>Speaker: Dr. Samantha Liauw</i> <u>Learning Objectives</u> – Following attending this conference, participants will be able to: 1. Recognize the clinical presentation and diagnostic features of Takotsubo syndrome. 2. Review current evidence regarding prognosis and long-term management in Takotsubo syndrome.
3:20PM – 3:45PM	Palliative Care in Cardiology <i>Speaker: Dr. Christine Pun</i> <u>Learning Objectives</u> – Following attending this conference, participants will be able to: 1. Recognize the importance of early identification and initiation of a palliative care approach in patients with advanced cardiovascular disease. 2. Integrate palliative care principles into cardiology practice and patient discussions.
3:45PM – 4:10PM	Rural & Remote Cardiology Care <i>Speaker: Dr. Mohammed Shurrah</i> <u>Learning Objectives</u> – Following attending this conference, participants will be able to: 1. Review inequities affecting cardiovascular care delivery in rural and remote Northern Ontario communities. 2. Apply strategies to improve cardiovascular care access and outcomes in underserved communities.
4:10PM – 4:15PM	Closing Remarks <i>Dr. Mark Henderson, Health Sciences North</i>



CFPC Credit Statement - Certified Activity

This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at NOSM University for up to 7 Mainpro+® Certified Activity credits.

RCPSC Statement – Section 1 Accreditation Statement

This event is an **Accredited Group Learning Activity (Section 1)** as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada and approved by the Continuing Education and Professional Development Office at NOSM University. You may claim a maximum of 7 hours (credits are automatically calculated).