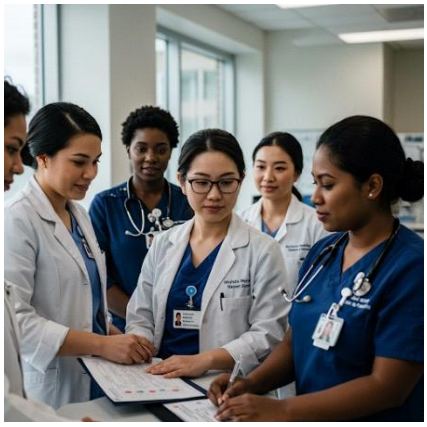
AAPINA
Asian American / Pacific Islander Nurses Association, Inc.

21st Annual Asian American/Pacific Islander Nurses Association Conference

Addressing Healthcare Disparities through Nursing Research, Practice, Education, and Leadership






Date: July 10-11, 2025

Location: University of Texas at Arlington

UTA Center for Rural Health and Nursing
COLLEGE OF NURSING AND HEALTH INNOVATION

LEADING THE FUTURE OF NURSING

The Florida State University College of Nursing is home to world-renowned faculty members who are changing the nursing landscape through education, research and practice innovations. Join us!

WE ARE HIRING faculty and postdocs in:

- AI in Nursing
- Digital Health and Innovation
- Family Nurse Practitioner
- Simulation
- Psych/Mental Health Nurse Practitioner

Tenure-track faculty startup begins at $200K+. Postdoc salary averages two levels above the NIH minimum.

Visit **jobs.fsu.edu** or email Dean Jing Wang directly at **jingwang@nursing.fsu.edu**.

BOLDLY RISING



Home of the Nursing and Artificial Intelligence Innovation Consortium



$100 million in new federal research funding



Nation's first MSN in AI



No. 1 DNP program in Florida



58 spot leap in BSN program



NEW NP-led Lifestyle Medicine Clinic

FSU | COLLEGE OF NURSING

TABLE OF CONTENTS

AAPINA Membership 3
Welcome Messages 4
AAPINA Executive Committee 8
APIN Journal 8
Conference Planning Committee 9
General Information 10
Program
- Program-At-A-Glance 12
- Speaker Bios 13
- Concurrent Session 1 20
- Concurrent Session 2 21
- Concurrent Session 3 23
- Poster Presentations 24

Conference Sponsors 26

AAPINA MEMBERSHIP

We invite you to become a member of the Asian American/Pacific Islander Nurses Association (AAPINA). Membership is currently open to anyone who supports the objectives of the Association.

Benefits of Being a Member of AAPINA:

- Obtain current statistics and national information on the health status of Asian/Pacific Islanders (APIs).
- Also, obtain information on opportunities for API nurses (e.g., fellowships, grants, and meetings).
- Being represented on national and federal groups which address API concerns. Participate in the National Coalition of Ethnic Minority Nurse Associations.
- Receive the AAPINA newsletter two to three times a year.
- Have opportunities to be listed on AAPINA's online membership directory for visibility, networking, and mentorship.
- Join forums and discussions among AAPINA members (members only access*)

If you are a current AAPINA member, please log in to your account to check your membership status, update your profile, and renew your membership. For questions on how to create a new user account or other technical support, please email webmaster@aapina.org.

WELCOME FROM AAPINA PRESIDENT



Jung-Ah Lee,
PhD, RN, FGSA, FAAN, FADLN
Professor | Associate Dean
PhD Program Director
Sue & Bill Gross School of Nursing
University of California, Irvine

Dear Esteemed Colleagues and Friends,

It is with great pleasure and enthusiasm that I welcome you to the 2025 AAPINA Conference at University of Texas at Arlington! As we gather for this momentous occasion, I am filled with excitement for the enriching discussions, groundbreaking presentations, and invaluable networking opportunities that await us over the coming days.

Our conference theme this year, "Addressing Healthcare Disparities through Nursing Research, Practice, Education and Leadership," couldn't be more timely or crucial. As AAPI nurses, we are uniquely positioned to lead the charge in enhancing healthcare quality and improving patient outcomes for all communities. This conference serves as a platform for us to share our experiences, research findings, and innovative strategies that will shape the future of nursing and healthcare.

Throughout the conference, you will have the opportunity to engage with thought leaders, participate in cutting-edge sessions, and collaborate with colleagues from across the nation and beyond. I encourage you to take full advantage of these opportunities to learn, grow, and inspire one another.

I want to express my heartfelt gratitude to our dedicated conference planning committee, whose tireless efforts have made this event possible. To our sponsors, exhibitors, speakers, and presenters – thank you for your invaluable contributions. And to each of you, our attendees, your presence and participation are what truly make this conference special.

As we navigate the complex landscape of healthcare environment, let us remember that our collective strength lies in our diversity, our shared experiences, and our unwavering commitment to excellence in nursing. Together, we can drive meaningful change and create high quality healthcare system for all.

I hope you leave this conference feeling inspired, empowered, and recommitted to our shared mission. Let us continue to stand united in our efforts to transform healthcare and uplift our communities.

Wishing you a productive and enlightening conference experience.

With warm regards,
Jung-Ah Lee
AAPINA President

WELCOME FROM AAPINA PROGRAM CHAIR



Hyochol Brian Ahn,
PhD, APRN, ANP-BC, FAAN
Dean and Professor
The University of Arizona
College of Nursing

Dear Colleagues and Friends,

It is with great joy and anticipation that we welcome you to the 21st Annual Conference of the Asian American Pacific Islander Nurses Association (AAPINA)! This year marks a significant milestone in our journey—two decades of advancing nursing leadership, scholarship, and community.

Our theme, "Addressing healthcare disparities through nursing research, practice, education, and leadership," reflects the dynamic changes shaping healthcare today and the powerful role we play as nurse leaders, educators, researchers, and advocates. As we gather here in person, we celebrate not only our resilience but also our shared commitment to creating a more inclusive and innovative future for nursing.

This conference would not be possible without the passion and tireless efforts of many. We extend heartfelt gratitude to the 2025 planning committee, our generous sponsors and exhibitors, and our remarkable speakers and presenters. Your contributions fuel the success of this event.

To all our attendees—thank you for being part of the AAPINA family. Your continued support inspires our work and strengthens our collective voice. Over the next few days, we hope you find new knowledge, meaningful connections, and renewed purpose.

Let’s celebrate, collaborate, and lead boldly into the future of nursing.

Warm regards,
Brin Ahn
President-Elect, Program Chair, AAPINA

FROM THE CONFERENCE CO-CHAIRS



Kim-Dung Mai,
MSN, RN, CMSRN
Nurse Manager Operations,
Baylor Scott & White Health
President & Founder –
AAPINA Texas Chapter
2025 AAPINA Conference Co-Chair



Linda Y. Kim,
PhD, MSN, RN, PHN, CPHQ, CGNC
Associate Professor | Director
Center for Global Nursing & Health
University of Texas at Austin,
School of Nursing
2025 AAPINA Conference Co-Chair

Dear AAPINA Conference Attendees,

Welcome to the 2025 AAPINA National Conference at the University of Texas at Arlington! We are deeply honored to serve as your co-chairs and to welcome you to this special gathering of Asian American and Pacific Islander nurses, leaders, students, and colleagues from across the country.

For many of you, this may be your first time attending an AAPI-focused nursing conference, and we want you to know that you are welcome and belong here.

This space was created for us and by us to uplift our voices, celebrate our shared heritage, and empower one another to lead boldly and compassionately in the healthcare world and beyond. Here, you will find inspiration in the stories of others, strength in the community, and renewed purpose in the work we do each day.

We invite you to fully engage, ask questions, make new connections, and reflect on what it means to be part of a robust and growing network of AAPI nurses committed to excellence, equity, and advocacy.

Thank you for being here. Whether you are a first-time attendee or a returning member of the AAPINA family, your presence makes this conference meaningful.

With gratitude and excitement,

Kim-Dung Mai and Linda Kim
2025 AAPINA Conference Co-Chairs

WELCOME FROM UT ARLINGTON

THE UNIVERSITY OF TEXAS AT ARLINGTON



Tanya Sudia
PhD, RN, FNAP, FAAN
Interim Dean and Chief Nurse Officer
College of Nursing and Health Innovation

Greetings, Colleagues!

On behalf of the entire University of Texas at Arlington (UTA) College of Nursing and Health Innovation, it's my immense pleasure to extend a heartfelt welcome to all of you participating in this important conference!

We're absolutely delighted to have such a distinguished group of professionals, scholars, and students gather here in Arlington. Your collective commitment to advancing healthcare and promoting well-being is truly inspiring, and we're confident that the discussions, presentations, and connections made over the next few days will be incredibly fruitful.

As a leading institution dedicated to preparing the next generation of healthcare leaders, UTA is proud of its vibrant campus and our commitment to innovation. Our College of Nursing and Health Innovation is expansive, including the disciplines of nursing, public health, athletic training, exercise science, and kinesiology. Our nursing programs span the full trajectory of career options: BSN, RN-BSN, MSN, DNP and PhD. We are particularly known for being the largest producer of Bachelor of Science in Nursing (BSN) graduates in Texas, significantly contributing to the state's nursing workforce. Our unique Smart Hospital provides an exceptional learning environment for students across health disciplines. We are also recognized for our innovative research and multiple centers including the Multi-Interprofessional Center for Health Informatics; Center for Healthy Living and Longevity; Bone-Muscle Collaborative Research Center; and, Center for Rural Health and Nursing.

We wish you a highly successful and profoundly impactful AAPINA conference, filled with valuable insights, stimulating conversations, and meaningful collaborations that will resonate long after the event concludes.

Welcome, and thank you for being here!

Sincerely,

Tanya Sudia

Tanya Sudia, PhD, RN, FNAP, FAAN
Interim Dean and Chief Nurse Officer
College of Nursing and Health Innovation

AAPINA EXECUTIVE COMMITTEE

AAPINA Executive Committee

Jung-Ah Lee, PhD, RN, FGSA, FAAN, FADLN; President

Hyochol Brian Ahn, PhD, APRN, ANP-BC, FAAN; President-Elect

Hyunhwa Henna Lee, Ph.D., MSN, APRN, FAAN; Secretary

Donna-Marie Palakiko, PhD, ARNP; Treasurer

Jing Wang, PhD, MPH, RN, FAAN; Past-President

ASIAN PACIFC ISLAND NURSING JOURNAL

Asian Pacific Island Nursing Journal (APINJ)

https://apinj.jmir.org/

Asian / Pacific Island Nursing Journal provides a peer-reviewed international forum for the exchange of knowledge in relation to Asian and Pacific Islander health and nursing care. It will serve as a voice for nursing and other health care providers for research, education, and practice.

APINJ: Official Journal of the Asian American Pacific Islander Nurses Association AAPINA features research papers, empirical, theoretical , and clinical articles, editorials, abstracts of recent dissertations, and conference summaries that relate to API health and nursing written by disciplines in nursing and the social sciences, such as:

Clinical and Developmental Psychology, Sociology, Anthropology, Social Work, Public Health, Education, Genetics, Pharmacology, Infectious Disease, Oncology, Cardiovascular Disease, Pulmonary Function and Disease, Dermatology, Wound Healing, Immunology, Anesthesiology, Endocrinology, Gastroenterology, Hematology, Neonatology, Nephrology, Pathology, Physiology, Nutrition, Pain Management, Sleep Disturbances, Dental, and Mental Health.

APINJ offers authors a rapid and thorough peer-review, professional copyediting, professional production of PDF, XHTML, and XML proofs. This journal adheres to the same quality standards as our flagship journal, Journal of Medical Internet Research.

Members of the AAPINA are entitled to a members-only article processing fee (APF) of $300 upon acceptance. All manuscripts submitted under the membership will be verified with AAPINA. The APF for non-members is USD $1500 upon acceptance.

CONFERENCE PLANNING COMMITTEE

Name	Title/ Affiliation
Hyochol Brian Ahn, PhD, APRN, ANP-BC, FAAN (AAPINA Program Committee Chair)	Dean, Professor University of Arizona, College of Nursing
Linda Kim, PhD, MSN, RN, PHN, CPHQ, CGNC (Conference Co-Chair)	Associate Professor Director, Center for Global Nursing and Health University of Texas at Austin, School of Nursing
Kim Dung Mai, MSN, RN, CMSRN (Conference Co-Chair)	Nurse Manager of Operations Baylor Scott & White Health
Abstract Review Committee	
Shu-Yi (Emily) Wang, PhD, RN, CNS (Chair)	Professor, University of Colorado
Marife Aczon-Armstrong, PhD, MSN, MSCP, CCM, RN-BC	Associate Professor, Chaminade University
Jane Chung, PhD, RN	Associate Professor, Emory University
Elizabeth Fildes, EdD, RN, CNE, PHNA-BC, FIAAN, FAAN	Professor, Chamberlain University
Jisook Ko, PhD, RN	Assistant Professor, UT Health San Antonio
Lisa Morris, DNP, RN	Clinical Assistant Professor University of Texas at Austin, SON
Kyeongra Yang, PhD, MPH, RN, CNE	Associate Professor, Rutgers University
Sponsorship Committee	
Sarah Low, MSN, RN, OCN, CMSRN	Oncology Nurse Navigator, Patient and Family Support Program, Cedars Sinai Medical Center
Kathrine Lim, MSN, RN	Nursing Professional Development Specialist Baylor Scott & White Health
Jennifer Marie Gidaya, BSN, RN	Nursing Professional Development Practitioner Cedars Sinai Medical Center
Janette Moreno, DNP, RN, NEA-BC, NPD-BC	Senior Nursing Consultant, Stanford Health Care
Tram Le, MSN, RN	Operating Room Nurse Baylor Scott & White Health
Camille P. Majewski, BSN, RN, CHRN	Wound Care and Hyperbaric Nurse Baylor Scott & White Health
Logistics Committee	
Aspen Drude, MBA	Manager, Center for Rural Health and Nursing University of Texas at Arlington
CE/ Evaluation Committee	
Sharon Blackerby, DNP, RN, NPD-BC, NI-BC, CPHQ	Clinical Assistant Professor University of Texas at Arlington
Marketing Committee	
Aspen Drude, MBA	Manager, Center for Rural Health and Nursing University of Texas at Arlington
Registration Committee	
Theresa Vu, MHA, BSN, RN	Nurse Professional Development Specialist Baylor Scott & White Health

GENERAL INFORMATION

2025 AAPINA Conference Overview

This conference aims to provide a platform for nurses to connect, share knowledge, and inspire one another to lead with evidence-based practice and innovation. By addressing these critical themes, the conference can contribute to improving health outcomes for AAPI (Asian American/Pacific Islander) communities and empowering nurses to reach their full potential as leaders in the healthcare field.

The 2025 AAPINA Conference objectives are to:

1. Examine the impact of social determinants of health (SDOH) on health outcomes, particularly within AAPI communities.
2. Disseminate evidence-based interventions that improve health outcomes for AAPI communities.
3. Share strategies to influence policy, research, education, and practice changes to advance health and well-being.
4. Promote collaborations among nursing leaders including clinicians, educators, and researchers.
5. Facilitate opportunities for attendees to connect with AAPI nurse leaders and mentors to foster professional growth and development.

Admission to Sessions

All attendees require a name badge received at the time of registration for admission to all sessions. Attendees are always encouraged to wear a name badge during the conference.

Evaluations

You must complete an evaluation of the speakers to receive CE credits.
Also, don't forget to complete a conference evaluation form at the end of the conference. It will take about 5-10 minutes for you to complete the evaluation form. Your input is essential to improve the program of the next AAPINA conference.

2025 AAPINA Conference Continuing Education (CE) Credits

2025 AAPINA Conference Continuing Education Contact Hours are provided by The University of Texas at Arlington College of Nursing and Health Innovation.

Participants may earn up to a total of 10.0 contact hours by attending speaker presentations, panels, or poster/podium/symposium sessions.

1. Attend at least 90% of each session you choose.
2. Complete and submit the conference evaluation form

The University of Texas at Arlington College of Nursing and Health Innovation is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

Exhibits

Representatives of several academic and/or healthcare institutions will be on site to promote their programs and answer your questions. All attendees, including exhibitors, should wear a name badge to enter the exhibit hall. **Exhibits are available anytime during the conference.**

Asian American / Pacific Islander Nurses Association, Inc.



We invite you to become a member of AAPINA!

Membership is open to anyone who supports AAPINA's mission & objectives.

Our objectives are to:

- Network and address health care / nursing concerns of AAPI nurses in U.S., its territories, and other countries.
- Identify the health care needs of AAPIs.
- Formulate and implement strategies to act on issues, legislation and public policies affecting health of AAPIs.
- Collaborate with other health and professional organizations that support the mission of AAPINA.
- Promote professional development of members through training and education.

Current AAPINA Chapters include:
Arkansas | California | Florida | Georgia | Hawaii | Korea | Nevada | North Carolina | Texas

If you have questions regarding membership, please contact membership@aapina.org or visit our website for more info: aapina.org

PROGRAM AT A GLANCE

2025 AAPINA Conference Agenda: July 10, 2025

TIME	TOPIC
0800-1630	Registration
0800-0900	Breakfast
0830-0900	Welcome
0900-1000	Opening Keynote
1000-1115	Nursing Organization Collaborations to Promote Health & Well-being
1115-1130	Group Photo
1130-1300	Lunch Symposium
1300-1400	Concurrent Session 1
1400-1430	Break
1430-1530	Concurrent Session 2
1530-1545	Break
1545-1730	Poster Session
1730-1900	Evening Networking Reception

2025 AAPINA Conference Agenda: July 11

TIME	TOPIC
0800-1630	Registration
0800- 0900	Breakfast
0830- 0930	AAPINA Membership Meeting (Lead: Brian Ahn)
0930-1000	Break
1000-1115	Improving Health & Well-being Through Research, Practice, Education, & Leadership
1115-1130	Break
1130-1250	Lunch/ Award Ceremony
1300-1400	Concurrent Session 3
1400-1430	Break
1430-1515	Closing Keynote
1515	Closing Announcements

OPENING KEYNOTE SPEAKER



Jennifer S. Mensik Kennedy,
PhD, MBA, RN, NEA-BC, FAAN
President
American Nurses Association (ANA)

A sought-after presenter and prolific author, Jennifer S. Mensik Kennedy, PhD, MBA, RN, NEA-BC, FAAN, serves as the 38th president of the American Nurses Association. In this national leadership role, Mensik Kennedy boldly advocates for the nation's 5.5 million RNs. In 2023, she was named by Modern Healthcare as one of the 100 Most Influential People in Healthcare and in 2024, named one of the 50 Most Influential Clinical Executives.

Mensik Kennedy is a sought-after presenter and prolific author based on her insights about and experience involving key nursing issues. Her books include *Lead, Drive, and Thrive in the System*, 2nd edition, and *The Nurse Manager's Guide to Innovative Staffing*, 3rd edition. She co-authored *Lead like a Nurse, A Nurse's Step-By-Step Guide to Transitioning to the Professional Nurse Role*, and *The Power of Ten*, 2nd edition, and contributed a chapter to *The Career Handoff: A Healthcare Leader's Guide to Knowledge & Wisdom Transfer across Generations*.

Prior to her presidency, Mensik Kennedy held key leadership positions within the nursing profession, including serving the American Nurses Association as Treasurer, Second Vice President, and Director-at-Large. She also served as President of the Arizona Nurses Association from 2007 to 2010. Additionally, Mensik Kennedy held the role of governor of nursing practice for the Western Institute of Nursing in 2010-2014.

Mensik Kennedy earned a PhD from the University of Arizona College of Nursing with a focus on health systems and a minor in public administration from the Eller College of Management. She holds an MBA from the University of Phoenix and a BSN from Washington State University. Mensik Kennedy also earned an ADN from Wenatchee Valley College-North. She is an assistant clinical professor at the Oregon Health and Science University School of Nursing.

Mensik Kennedy was inducted in 2014 as a fellow of the American Academy of Nursing. She has been recognized as Alumna of the Year by both University of Arizona College of Nursing and Washington State University College of Nursing.

CLOSING KEYNOTE SPEAKER



Prisca Bae
Vice President
The Asian American
Foundation (TAAF)

Prisca joins TAAF from the private sector, where she led numerous impactful philanthropic and social initiatives. Before her work at PepsiCo, she advised major companies and nonprofits on strategic initiatives and served as the inaugural Director of the Women in the World Foundation.

Prisca began her career as an attorney at Latham & Watkins, LLP. She holds a B.A. from Columbia University and a J.D. from the University of California, Berkeley.

She serves on multiple prestigious boards, including The Roger Lehecka Double Discovery Center, the Korean American Community Foundation, and The Li.st, a network of high-impact women in business, media, and tech.

LUNCH SYMPOSIUM SPEAKER
Sponsored by Baylor Scott & White Health



Katie Choy,
DNP, RN, NEA-BC, NPD-BC
Regional Director,
Nursing Prof. Dev.
& Wound Care
Co-Chair, System Prof. Dev.
Leadership Council
Baylor Scott & White Health

Dr. Choy is an esteemed nursing leader with over 29 years of experience in clinical education, leadership, and nursing practice. As the Regional Nursing Director for Baylor Scott & White Health in Plano, Texas, she oversees nursing professional development, wound care, and leadership development across multiple sites, aligning education with quality and strategic initiatives.

Dr. Choy earned her Doctor of Nursing Practice and holds multiple certifications. A recognized advocate for evidence-based practice, DEIB, and mentoring in healthcare, she has been a podium presenter at numerous national conferences. Dr. Choy is widely published on topics such as evidence-based nursing, contributing significantly to advancing nursing education and clinical standards. She was recognized as one of 25 Texas Nursing Association Outstanding Nurse Award in 2024 and the D Magazine Excellence in Nursing Award.

PANEL #1 SPEAKER



Gloria Chan
DNP, CRNA, FAAN, FFNMRCSI
Vice President
Sigma International

Gloria Chan, DNP, CRNA, FAAN, FFNMRCSI is a staff CRNA at Staten Island University Hospital, adjunct faculty at Hofstra Northwell School of Nursing and Physician Assistant Studies, in the Acute Adult-Gerontology Acute Care Nurse Practitioner (AGACNP) - Certified Registered Nurse Anesthetist (CRNA) DNP program and healthcare consultant.

Gloria is an established nurse leader with extensive experience within Sigma on the local, national, and international level. She previously served as a United Nations Youth Representative for the Nightingale Initiative for Global Health (NIGH), working to educate nurses around the world about UN initiatives. Currently she serves on a work group for the World Health Organization Global Alliance for Surgical, Obstetric, Trauma and Anesthesia care (G4 Alliance Midwifery and Nursing), which is dedicated to nursing advocacy for the surgical patient.

Gloria earned her DNP and MSN in Nurse Anesthesia from Rutgers University and her BS from New York University.

We honor your passion, drive and the pursuit of a brighter world for all of us

Cedars-Sinai is proud to sponsor the 2025 conference of the Asian American/Pacific Islander Nurses Association.

Cedars Sinai

© 2025 Cedars-Sinai

PANEL #2 SPEAKERS



Donna-Marie Palakiko, PhD, RN, APRN is a Native Hawaiian health strategist, community-based researcher, and nurse is the first Native Hawaiian Nurse to receive tenure with promotion to Associate Professor and the inaugural Director of Cultural Innovation and Strategy at the University of Hawaii at Manoa's School of Nursing and Dental Hygiene and Director of Healthcare Workforce at Papa Ola Lokahi.

Dr. Palakiko has over 25 years of experience addressing health inequities among Native Hawaiians through health promotion and disease prevention programs, community-based participatory research, and workforce development. Her area of expertise and interest is to address social and cultural determinants of health among Indigenous and underserved communities through culturally safe health interventions and building a culturally mindful health workforce. Dr. Palakiko works in partnership with communities designing innovative and meaningful solutions to priority areas such as access to health care information and services. Her current program of research addresses asthma inequities among Native Hawaiians using an asthma mHealth tool which she culturally adapted and tailored to Hawaii.

She received her undergraduate degree in Nursing from the University of San Francisco, master's from University of California San Francisco and doctorate from the University of Hawaii at Manoa. She serves on numerous governance boards including non-profit sector, nursing, and public health.



Kim-Dung Mai, MSN, CMSRN, RN is a Nurse Leader at Baylor Scott & White Health All Saints Fort Worth, with extensive experience in emergency nursing, acute care, and perioperative services. She is the Founder and President of the Asian American Pacific Islander Nurses Association (AAPINA) Texas Chapter, where she advocates for and empowers AAPI nurses while supporting the AAPI community. Kim-Dung pioneered the first discharge lounge within the Baylor Scott & White system, which has since been adopted at other locations. During the COVID-19 pandemic, she led a team of 200 employees and volunteers in managing the Drive-Thru Vaccination Hub and COVID-19 testing at All Saints. Recognized for her leadership, she received the "Spirit of Excellence Leadership" Award in 2021. She was among the first-ever recipients of the Baylor Scott & White Health "Spirit of Dr. Martin Luther King Jr." Award in 2025 for her community service and advocacy. She was featured in *Chapter 3: Systems Thinking* of *Quality and Safety Education for Nurses*, published by Springer in 2022.

Additionally, she serves on the board of the Community Investments Cabinet for United Way of Tarrant County, reviewing and allocating funds to support nonprofit organizations dedicated to community betterment. Kim-Dung is preparing for the 2025 AAPINA National Nursing Conference in Arlington, Texas, and earned her Master of Science in Nursing in 2023. She is pursuing a Doctor of Nursing Practice at the University of Texas at Arlington.

Panel Speakers Bios Continued…



Tanya Sudia, PhD, RN, FNAP, FAAN is the Chief Nursing Officer and Interim Dean at the College of Nursing and Health Innovation, University of Texas at Arlington. Throughout her career, Dr. Sudia has worked in various academic settings in a multitude of faculty and leadership roles, including: Dean; Research Dean: Graduate Program Director, Faculty, and IRB and IACUC Director. Dr. Sudia has also successfully completed private and federally funded grants, including NIH funding. Her research has primarily focused on ethical issues, having served as a Faculty Fellow in the Ethics Center while at Emory University. Many of her publications focus on ethical issues including sequentially authored book chapters on ethical issues and palliative care in the NICU. Further, she has engaged in international work in ethics and palliative care with interprofessional and interdisciplinary teams, with particular emphasis on access to care and upscaling of nursing within healthcare teams.

Dr. Sudia received her BSN from the University of Akron and her MN and PhD degrees from Emory University. She is a Distinguished Scholar Fellow in the National Academy of Practice and an elected Fellow in the American Academy of Nursing.



Jung-Ah Lee, PhD, RN, FGSA, FAAN, FADLN, is a professor at the University of California, Irvine, where she serves as the Associate Dean and PhD Program Director at the Sue & Bill Gross School of Nursing. Additionally, she is the President of the Asian American Pacific Islander Nurses Association (AAPINA), advocating for quality healthcare for all. Dr. Lee is a recognized leader in caregiving science, dedicated to improving care for vulnerable older adults and their families. Over the past 20 years, her research has focused on enhancing care delivery and quality of life for older patients and caregivers, with a particular emphasis on addressing racial and ethnic disparities in healthcare. Currently, Dr. Lee is the principal investigator of an NIH/NIA-funded dementia caregiver support study, which focuses on ethnic minority caregivers. This study tests a community health worker-led, culturally and linguistically specific home-based intervention that includes stress reduction techniques through compassionate support, listening, and caregiving education to improve caregivers' health, well-being, and positive interactions with persons with dementia. This study has the potential to reduce health disparities in dementia care, assisting underserved diverse caregivers in self-management and enhancing their quality of life.

Dr. Lee has been recognized with the Research Mentor Award, the Senior Geriatric Nursing Researcher Award, and was recently inducted into the Hall of Fame of the Sigma International Nurse Researcher Award by the Nursing Honor Society.

Panel Speakers Bios Continued…



Chien Chen, DNP, MS, RN-BC, PMH-BC, NPD-BC, NEA-BC, FNAP, FAAN is an innovative system-level executive with a proven record of leading high-impact and scalable solutions to produce data-driven outcomes. As a national senior executive, he is passionate about supporting and developing a competent health care workforce; advocating for the unique needs of our Veterans, patients, staff, and communities. Dr. Chen is honored to serve within the Department of Veterans Affairs Central Office as the Veterans Health Administration (national-level) Chief Officer and Nurse Executive for Healthcare Advancement and Partnerships. His role provides enterprise-level leadership and strategic direction to VHA's robust partnerships and innovative healthcare advancement initiatives at the national, state, and community levels.

Prior to this role, Dr. Chen also served in multiple key enterprise-level senior executive and officer roles impacting healthcare delivery, nursing practice, informatics, and education. Dr. Chen is board-certified in several specialties and holds a faculty appointment at Duke University. He serves on several committees at the national and international levels, including National Academies of Sciences, Engineering, and Medicine. Dr. Chen is a Coldiron Senior Nurse Executive Fellow and was inducted as a Fellow of the National Academies of Practice and as a Fellow of the American Academy of Nursing.



Mona Gaw, DNP, MPA, RN, NEA-BC, FACHE, CPHQ currently serves as Vice President & Chief Nursing Officer of Ascension Seton Hays. Mona has held various leadership positions where she has demonstrated her ability to drive strategic initiatives and foster a culture of continuous improvement.

Mona is known for her innovative approach to solving complex healthcare challenges and her ability to inspire and mentor healthcare professionals. Her doctoral scholarly work was focused on nurse engagement, the Institute for Healthcare Improvement's (IHI) joy in work framework, and cultivating resilience among caregivers. In addition to her professional accomplishments, Mona is actively involved in community service and professional organizations, advocating for policies that enhance safety and advancement of the nursing profession. Her dedication to excellence and her unwavering commitment to patient care make her a respected and influential leader in the healthcare community.

The University of Texas at Austin
School of Nursing

STUDY00004809

LOOKING FOR RESEARCH PARTICIPANTS

Help us understand and improve depressive symptom experiences among midlife Korean American women in the U.S.!

WHO WE ARE

This study is led by Dr. Eun-Ok Im and her team at The University of Texas at Austin. We are testing a new online program designed to support midlife Korean American women experiencing depression.

ABOUT THE STUDY

WPAPP-K is a web-app–based lifestyle physical activity program.
It does not require medication or travel.
The goal is to improve depressive symptom experiences in midlife Korean American women.

JOIN US IF YOU ARE

- Are between 40–65 years old
- Are of Korean descent (parents or grandparents)
- Can read and write English or Korean
- Are sedentary, but not due to a physical disability
- Have access to email and the internet
- Have had depressive symptoms in the past 2 weeks

COMPENSATION

- Up to $150 over 3 months
- Free Fitbit to support your health journey!

☎ 512-232-2121 ✉ wpapp.help@austin.utexas.edu 🌐 https://wpapp.research.nursing.utexas.edu/

The University of Texas at Austin
School of Nursing

STUDY00004807

LOOKING FOR RESEARCH PARTICIPANTS

To help improve breast cancer pain management and cancer pain experience among Asian American women in the USA!

WHO WE ARE

Dr. Eun-Ok Im and her team at The University of Texas, Austin want to learn how effective the newly developed program is to support Asian women living with breast cancer experiencing cancer pain and depressive symptoms in the USA.

ABOUT THE STUDY

This is an online study led by Dr. Eun-Ok Im at UT Austin. No medication or travel is required.
We're testing a culturally tailored program to support Asian American women coping with cancer pain and depression.

JOIN US IF YOU ARE

- Are 18 years or older
- Have been diagnosed with breast cancer
- Can read/write English, Korean, Mandarin, or Japanese
- Have Internet access
- Identify as Chinese, Korean, or Japanese
- Have experienced pain (past week)
- Have experienced depressive symptoms (past 2 weeks)

COMPENSATION

- Up to $150 over 3 months
- Free Fitbit to support your health journey!

☎ 512-232-2142 ✉ cai.help@austin.utexas.edu 🌐 cai.research.nursing.utexas.edu

CONCURRENT SESSION 1

Research

Application of Caring Science, Mindful Practice and Reiki to Promote Interprofessional Healthcare Provider Well-being
Linda Kim[1], Jennifer Astasio[1], Peggy Kelley[1]
[1]Cedars Sinai Medical Center

Occupational Characteristics and Turnover Among Asian Registered Nurses in the U.S.
Ha Do Byon[1], Jeongok Logan[1]
[1]University of Virginia School of Nursing

Determinants of Diabetes Program Engagement among Asian Americans: A Socioecological Lens
Dante Anthony Tolentino[1], Sorina Long[1], Paul Boy[1], Sarah Choi[1]
[1]University of California, Los Angeles

Practice/Leadership

Digital Stories to Promote Vietnamese American Youth's HPV Vaccination: Theory Testing
Angela Chia-Chen Chen[1], Michael Todd[2], Sunny Kim[2], Linda Larkey[2]
[1]Michigan State University, [2]Arizona State University

Human Papillomavirus Vaccination Among Asian American and Pacific Islanders: A Scoping Review
Sudaba Mansuri[1], Satya Subedi[1], Nouran Ghonaim[1], Megan Whaley[1], Allison Frommeyer[1], Angela Chia-Chen Chen[1]
[1]Michigan State University

Reevaluating Social Distancing in Healthcare: A Concept Analysis for the Post-COVID Era
Fuqin Liu[1], Chanam Shin[1], Huihan Zhao[2]
[1]Texas Woman's University, [2]The First Affiliated Hospital of Guangxi Medical University

Education

Revisiting Andersen's Behavioral Model: A Theoretical Framework for Understanding Community Service Use Among Dementia Caregivers
Eunbee Kim[1], Jung-Ah Lee[1]
[1]University of California, Irvine

One Organization's Work to Address Filipino American Health in Las Vegas: The NAYON Initiative
Elizabeth Fildes[1], Elizabeth De Leon-Gramboa[2], Doris Bauer2, Johann Sayson[2]
[1]Chamberlain University, [2]Healthy Fil Am Nayon

Strategies for Evaluating Competency-Based Education in Academic Healthcare
Carin Adams[1], Joy Spadachene[1], Niki Fogg[1], LaTasha Burns[1]
[1]Texas Woman's University

CONCURRENT SESSION 2

Research

Reducing Disparities in mTBI Recovery: Feasibility of a Home-Based Mobile Exercise
Hyunhwa Lee[1], Devon O'Sullivan[1], Ma Julianne Perez[1], Linnea Bacon1, Sungchul Lee[2], Tevin Stewart[3], Neil Peterson[4]
[1]University of Nevada, Las Vegas, [2]Sun Moon University, [3]Senda LLC, [4]Brigham Young University

Testing the Domestic Violence Enhanced Perinatal Care in China: A Pilot Randomized Controlled Trial
Yang Li[1], Fenglin Cao[2], Xuan Zhang[2]
[1]The University of Texas at Austin School of Nursing, 2Shandong University School of Nursing and Rehabilitation

Vietnamese Americans and Digital Health: Usage, Privacy Concerns, and Health Implications
Angelina Nguyen[1], Weiming Ke[1], Richard Qiu[2]
[1]Baylor University, [2]Houston Methodist Hospital

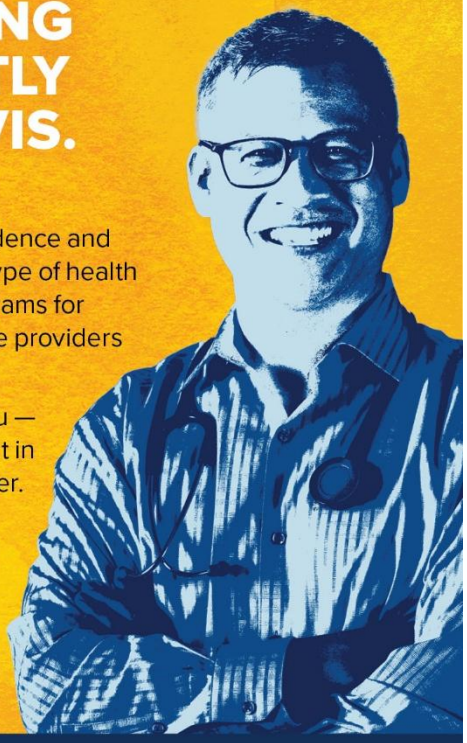
Education, Practice, and Leadership

Evaluating the Impact of Self-care Practices on Stress and Sleep Among Accelerated Undergraduate Nursing Students
ChengChing Liu[1], Angela Chia-Chen Chen[1], Dola Pathak[1]
[1]Michigan State University

Improving Palliative Care Referrals for Cancer Patients: Feasibility Study for A Nurse-Assisted Palliative Care Referral Pilot
Sarah Low[1], Ayaka Nakaji[1], Jennifer Del Rosario[1], Andrew Hallum[1], Steven Oppenheim[1,] Scott Irwin[1]
[1]Cedars Sinai Medical Center

Determinants of Advance Care Planning Intentions in Heart Failure Patients
Chin-Yi Chao[1], Lin-Yuan Chang[1], Cheng-Pei Lin[2], Wei-Wen Lin[3], Pi-Hua Chang[1]
[1]Nursing Department, Taichung Veterans General Hospital, Taichung, Taiwan., [2]Nursing Department, National Yang Ming Chiao Tung University, Hsinchu, Taiwan., [3]Cardiovascular Center, Taichung Veterans General Hospital, Taichung, Taiwan

DO MORE THAN JUST CHANGE LIVES. DO NURSING DIFFERENTLY AT UC DAVIS.



Elevate your ability, confidence and vision to become a new type of health care leader through programs for nurses, advanced practice providers and researchers.

We need students like you — who seek a greater impact in health and believe in better.

Apply today at nursing.ucdavis.edu.

UC DAVIS HEALTH | BETTY IRENE MOORE SCHOOL OF NURSING

GO BEYOND

Proud Sponsor 2025 AAPINA

As the largest not-for-profit healthcare system in Texas, Baylor Scott & White Health is dedicated to promoting the well-being of individuals, families and communities by delivering exceptional care with innovation and compassion.

We're investing in growth and community by sponsoring AAPINA memberships for 30 team members—and counting! Together, we're building a more inclusive future in healthcare.



Baylor Scott & White HEALTH

Explore careers

UNIVERSITY of MARYLAND SCHOOL OF NURSING

YOU BELONG HERE.

Find your community here:
Contribute your experience and perspectives to the critical work we do to cultivate healthier communities locally, nationally, and globally.



LEARN ABOUT US AND OUR WORK AT
nursing.umaryland.edu

Apply to UMSON fee free!
Use code AAPINA2025 to waive your application fee when you apply to our MSN program for spring 2026 or our DNP program for fall 2026. Scan the QR code to get started.

CONCURRENT SESSION 3

Research

Disaggregating data to improve perinatal mental health outcomes in Asian American populations
My Hanh (Theresa) Nguyen[1]
[1]National Clinician Scholars Program at UCLA

Resilience, PTSD, and Cultural Norms: The Influence of Family Non-Disclosure of Mental Illness Among Filipino American Women
Andrew Thomas Reyes[1], Marilou Williams[2]
[1]University of Nevada Las Vegas, [2]St. Rose Dominican Hospitals

Dementia Caregiving Through Cultural Lenses: Perspectives from Korean-American and Vietnamese-American Caregivers
Hyun Jung Kim[1], SeonYoung Kim[2], Vicky Ngo[2], Eunbee Angela Kim[2], Eunae Ju[2], Jung-Ah Lee[2]
[1]Seattle University, [2]University of California, Irvine

Practice/Leadership Session 1

Type 2 Diabetes and Cardiovascular Symptoms Among Midlife Women
Seulgi Ryu[1], Dongmi Kim[1], Wonshik Chee[1], Eun-ok Im[1]
[1]The University of Texas at Austin School of Nursing

Parenting self-efficacy and associated factors among mothers in Taiwan at the first year postpartum
Shu-Yu Kuo[1], Marianne Lin-Lewry[1]
[1]School of Nursing, College of Nursing, Taipei Medical University

Practice/Leadership Session 2

Gaps in Telehealth Use: Findings from a Nationally Representative Survey in the U.S.
Chanam Shin[1], Thomas Guffey1, Fuqin Liu[1]
[1]Texas Woman's University

Teamwork Makes the Dream Work: Integration of Chaplaincy into the Interprofessional Team During the Height of the COVID-19 Pandemic
Sarah Low[1], Lucia Florindez[1], Adrienne Martinez-Hollingsworth[2], Bernice Coleman[1], Jason Weiner1, Christina Shu[1], Linda Kim[1]
[1]Cedars Sinai Medical Center, [2]AltaMed

Creating Department-Specific Orientation Programs in Ambulatory Care Using TSAM®
Kristel Fallon[1], Maybelle Carmona[1], Chrystal Lewis[1], Martha Wolde[1], Sarah Liz Amoroso[1], Tina Lin[1]
[1]Stanford Health Care

POSTER PRESENTATIONS

Research

Efficacy of an Asian Culture-Tailored (ACT) Lung Health Intervention on Lung Cancer Screening and Smoking Cessation in Asian Americans
Sun Kim[1], Manan Nayak[2], Ling Shi[1], Sohyon Pak[1], Hua Chen[1], Mary Cooley[2]
[1]University of Massachusetts Boston, 2Dana Farber Cancer Institute

Vasomotor Symptoms and Sexual Interests During the Menopausal Transition
Seulgi Ryu[1], Dongmi Kim[1], Wonshik Chee[1], Eun-ok Im[1]
[1]The University of Texas at Austin School of Nursing

Practice/Leadership

Inclusive Hair Care in Healthcare
Katie Choy[1], Myra Marish[1], Brenda Buenaflor[1], LaToyia McDonald[1]
[1]Baylor Scott & White Health

Red Flags and Red Faces: A Health Promotion Activity to Increase Awareness on Alcohol Flush Syndrome
Katie Hsiao[1], Lisa Morris[1]
[1]The University of Texas at Austin, School of Nursing

Improving Breastfeeding Rates among Black Families in the NICU
Ivy Hepler[1]
[1]St. Louis Children's Hospital

How Can We Ensure Autonomy in Shared Decision-Making for Older Adults with Cancer?
Hyesong Joung[1], Randy Jones[1]
[1]University of Virginia

Childhood Adversity is Not a Life Sentence: Addressing the Unique Challenges of AAPI Children and Adverse Childhood Experiences
Natalie Evenson[1]
[1]St. Michael Medical Center

The Effects of the Step Dancing Program on Older Adults' Cognitive Functions: A Meta-analysis
Meng Zhao[1], Tiffany Morris[1], Smriti Shrestha[1]
[1]North Carolina A&T State University

Impact of a Culturally Sensitive Self-Care Program for Immigrant Filipino Nurses on Addressing Burnout
Dorothy Lenore Llariza Tome[1], Elizabeth de Leon-Gamboa[2]
[1]University of the Philippines Alumni Association of Nevada, 2Optum Health Networks, Inc. Mountain West, Oregon, and Washington; Philippine Nurses Association of Nevada

Poster Presentations Continued…

Improvement of Chronic Eczema through Lifestyle Modification and Nutraceutical Supplementation: A Case Study
Fuqin Liu[1], Haiying Han[2]
[1]Texas Woman's University, [2]Zhejiang University City College

Multi-lingual FIT Rounds
Corinne Aukerman[1], Karen Armenion[1]
[1]UC San Diego Health

Education

Best Practices to Promote Success of Students at High-Risk for Failure
Marife Aczon-Armstrong[1], Veronica "Alexis" Barroga1, Katherine "KC" Gardner-Bougard[1], Anela LaBore[1], Jennifer Nafarrete[1], Joy Ryan[1], Standford Sario[1]
[1]Chaminade University of Honolulu School of Nursing and Health Professions

The Model Minority or the Perfect Victim? Recognizing Intimate Partner Violence and Non-fatal Strangulation in Asian American and Pacific Islander Patients
Natalie Evenson[1]
[1]St Michael Medical Center

TEXAS RANGERS™
FOUNDATION
A Heart for Kids

SILVER SPONSOR
TEXAS NURSES ASSOCIATION
Join us at texasnurses.org

SPONSORS

The 2025 AAPINA Executive Committee and
the Conference Planning Committee
would like to recognize the following sponsors
for their support in making
the 21st Annual Asian American/ Pacific Islander
Nurses Association Conference a success.

Thank you for your generous support!

Location Sponsor

UTA Center for Rural Health and Nursing
COLLEGE OF NURSING AND HEALTH INNOVATION

Gold Level

Cedars Sinai

Silver Level

Baylor Scott & White HEALTH

TEXAS RANGERS FOUNDATION
A Heart for Kids

FLORIDA STATE UNIVERSITY
COLLEGE OF NURSING

TEXAS NURSES ASSOCIATION

Bronze Level

College of Nursing
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

THE UNIVERSITY of NORTH CAROLINA at CHAPEL HILL

Duke University School of Nursing

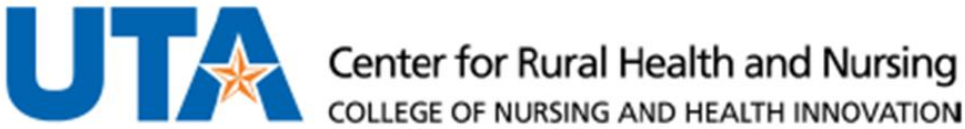
OHSU School of NURSING

UCSF School of Nursing

RUSH UNIVERSITY COLLEGE OF NURSING

CREATING OPPORTUNITY GIVING HOPE SPREADING LOVE
羅 OH FOUNDATION

Exhibitors


UTA
Center for Rural Health and Nursing
COLLEGE OF NURSING AND HEALTH INNOVATION


MEDICALLY
USA


BaylorScott&White
HEALTH


Providence


L'ORÉAL
LA ROCHE-POSAY
LABORATOIRE DERMATOLOGIQUE
INSTITUTIONAL HEALTH


UCDAVIS
HEALTH
BETTY IRENE MOORE
SCHOOL OF NURSING


amergis


TEXAS NURSES
ASSOCIATION

Advertisement Sponsors

Buena Vida
TAQUERIA

FLORIDA STATE UNIVERSITY
COLLEGE OF NURSING

DEEP ELLUM · TEXAS
OFF THE CUFF

SCHOOL OF NURSING
UNIVERSITY of WASHINGTON

POUR DECISIONS

College of Nursing
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

Alliance
Retina

BaylorScott&White
HEALTH

UNIVERSITY of MARYLAND
SCHOOL OF NURSING

UNIVERSITY of
SOUTH FLORIDA
College of Nursing

WHERE NURSING TRAILBLAZERS BELONG.

NOTES





21st Annual Asian American/Pacific Islander Nurses Association Conference

July 10-11, 2025

University of Texas at Arlington