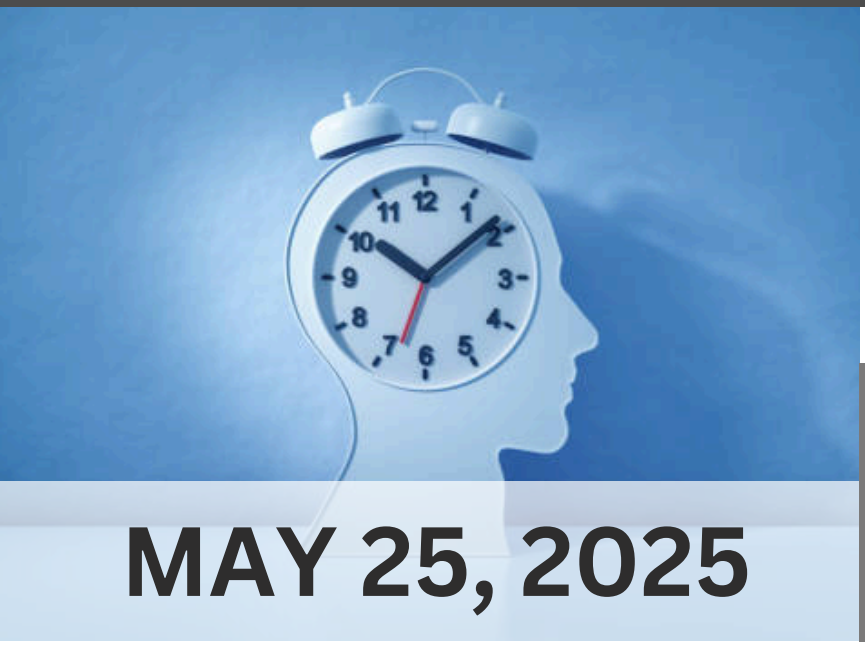
CHRONOBIOLOGY
From the Cell to Medicine and Society

Canadian Society for Chronobiology
Société canadienne de chronobiologie

Free Public Conferences for All!



- How your health is affected by time of day
- Emphasizing night work and time change

MAY 25, 2025

VIRTUAL or IN PERSON:
Pierre-Péladeau Amphitheatre Centre hospitalier de l'Université de Montréal, 1050 Saint-Denis Street, Montréal, Québec

15h00
Heure de l'est

Mieux vivre avec des horaires atypiques *(Francais)*



Annie Vallières
Université Laval
Canada



Diane Boivin
McGill University
Canada

4:20pm
Eastern Time

Why Daylight Saving Time Should Be Abolished *(English)*



Roelof Hut
University of Groningen
Netherlands

REGISTER NOW!

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